



TEXAS
STAR *Recovery*

**ADULT SUBSTANCE ABUSE AND
DUAL DIAGNOSIS TREATMENT**

**INPATIENT REHAB
INPATIENT AND OUTPATIENT DETOX**

24/7 ADMISSIONS

**ACCEPTS MOST COMMERCIAL INSURANCE,
TRICARE, MEDICARE AND PRIVATE PAY.**

TEXAS STAR RECOVERY

Texas Star Recovery's inpatient program for adults is located in Austin, Texas. Under the highest quality care for those suffering from co-occurring substance abuse and p



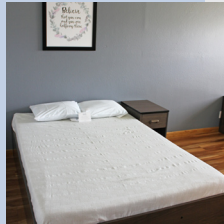
- DETOX AND DUAL DIAGNOSIS SPECIALIZATION
- ABLE TO MANAGE MEDICALLY COMPLEX PATIENTS
- 28 BEDS ALLOWS FOR INDIVIDUALLY FOCUSED TREATMENT
- CERTIFIED PSYCHIATRISTS
- FOUR DEDICATED PHYSICIANS SPECIALIZE IN ADDICTI

The inpatient treatment program at Texas Star works through a cohesive team approach to treatment. Inpatient treatment may include medical detoxification and/or inpatient rehabilitation. Patients receive daily physician visits with 24-hour nursing care.

A treatment team of doctors, therapists, a case manager and the clinical director meet every morning to discuss each patient's progress and current needs.

APPROACH

- Daily physician visits
- 24-hour nursing care
- Treatment involvement
- Weekly family education
- Customized treatment
- Healthy living classes
- Spiritual awareness groups
- Process groups
- Cognitive behavioral therapy
- 12-Step modality



OUTPATIENT
AN INTENSIVE
AND FAMILY

ADMISSIONS

Referrals by phone and admissions are accepted 24 hours a day, seven days a week.

Under the leadership of Dr. Craig Franke, psychiatrist and addictionologist, Texas Star provides comprehensive psychiatric services.



FROM DETOX TO TREATMENT

Patients are encouraged during detox process, including support and visitation. A treatment plan is developed.

Support groups

Cognitive therapy and DBT

- Skills and educational based groups
- Healthy stress management techniques:
 - Yoga
 - Meditation
 - Exercise
- Relapse prevention
- Family actively involved in discharge planning process
- Integration into recovery community (AA, NA, CA, Al-Anon)

Additional services at Texas Star include detox, intensive outpatient program, alumni groups, and continuing education opportunities.



DISCHARGE PLANNING

The physicians and staff at Texas Star are well connected in the mental health and recovery community. Patients connect with support groups and sponsors to assist in recovery after treatment.

512-462-6729

WWW.TEXASSTARRECOVERY.COM

FAX 512-462-6714

1106 WEST DITTMAR ROAD

AUSTIN, TEXAS 78745

Aetna Behavioral Health Care/Aetna Whole Health
Beacon Health Options
Blue Cross Blue Shield/Blue Advantage
CIGNA Behavioral Health Care
ComPsych
Dept. of Veteran's Affairs PC3 Program (Triwest region)
First Health - Coventry
Humana Behavioral Health/Medicare Advantage
Magellan Behavioral Health
Medicare
Multiplan-PHCS
Physician's Health Choice
Scott & White Health Plan/Senior Care
Seton Health Plan/SMART Health
TRICARE
United Behavioral Health



Private pay rates available upon request.

Individual Patient Agreements for out-of-network benefits may be negotiated. If a Managed Care Organization is not indicated on this list, services may be managed through an affiliate network.

Substance abuse services at Texas Star Recovery are contracted under
Neuro Institute of Austin, L.P., dba Texas NeuroRehab Center.



Accredited by Joint Commission and licensed
by Texas Department of State Health Services.