

512-462-6729

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AUSTIN, TEXAS 78745



Accredited by Joint Commission and licensed
by Texas Department of State Health Services.

ADULT DUAL DIAGNOSIS TREATMENT

Substance abuse services
at Texas Star Recovery are contracted under
Neuro Institute of Austin, L.P., dba Texas NeuroRehab Center.

Aetna Behavioral Health Care
Beech Street
Blue Cross Blue Shield
CIGNA Behavioral HealthCare
ComPsych
Dept. of Veteran's Affairs PC3
Program (Triwest region)
First Health - Coventry
LifeSynch - Humana

Magellan Behavioral Health
Medicare
Multiplan-PHCS
Scott & White Health Plan
Seton Health Plan
TRICARE
United Behavioral Health
ValueOptions

Private pay rates available upon request.

Individual Patient Agreements for out-of-network benefits may be negotiated. If a Managed Care Organization is not indicated on this list, services may be managed through an affiliate network.

UPDATED SUMMER 2016



ADULT DUAL DIAGNOSIS TREATMENT

DETOX

INPATIENT REHAB

RESIDENTIAL

24/7 ADMISSIONS

MEDICARE AND
TRICARE
PROVIDER

TEXAS STAR RECOVERY

Texas Star Recovery's inpatient program for adults is located in Austin, Texas. Under the leadership of Dr. Craig Franke, psychiatrist and addictionologist, Texas Star provides the highest quality care for those suffering from co-occurring substance abuse and psychiatric issues.



- DETOX AND DUAL DIAGNOSIS SPECIALIZATION
- ABLE TO MANAGE MEDICALLY COMPLEX PATIENTS
- 28 BEDS ALLOWS FOR INDIVIDUALLY FOCUSED TREATMENT
- CERTIFIED PSYCHIATRISTS
- FOUR DEDICATED PHYSICIANS SPECIALIZE IN ADDICTION



The inpatient treatment program at Texas Star works through a cohesive team approach to treatment. Inpatient treatment may include medical detoxification, inpatient rehabilitation and/or residential treatment. Detox patients receive daily physician visits with 24-hour nursing care.

A treatment team of doctors, therapists, a case manager and the clinical director meet every morning to discuss each patient's progress and current needs.

APPROACH TO TREATMENT

- Daily physician visits
- 24-hour nursing care
- Treatment involvement encouraged during detox process
- Weekly family education, support and visitation
- Customized treatment plan
- Healthy living classes
- Gender specific groups
- Spiritual awareness groups
- Process groups
- Cognitive behavioral therapy
- 12-Step modality
- Skills and educational based groups
- Healthy stress management techniques:
 - Yoga
 - Meditation
 - Exercise
- Family of origin work
- Relapse prevention
- Family actively involved in discharge planning process
- Integration into recovery community (AA, NA, CA, Al-Anon)



OUTPATIENT SERVICES AT TEXAS STAR INCLUDE A PARTIAL HOSPITALIZATION PROGRAM, INTENSIVE OUTPATIENT PROGRAM, ALUMNI GROUPS AND FAMILY EDUCATION OPPORTUNITIES.



ADMISSIONS

Referrals by phone and admissions are accepted 24 hours a day, seven days a week.

DISCHARGE PLANNING

The physicians and staff at Texas Star are well connected in the mental health and recovery community. Patients connect with support groups and sponsors to assist in recovery after treatment.