


TEXAS
STAR *Recovery*

ADULT DUAL DIAGNOSIS TREATMENT

DETOX

INPATIENT REHAB

RESIDENTIAL

MEDICARE AND
TRICARE
PROVIDER

TEXAS STAR RECOVERY

Texas Star Recovery's inpatient program for adults is located in Austin, Texas. Under the highest quality care for those suffering from co-occurring substance abuse and psychiatric conditions.



- DETOX AND DUAL DIAGNOSIS SPECIALIZATION
- ABLE TO MANAGE MEDICALLY COMPLEX PATIENTS
- 28 BEDS ALLOWS FOR INDIVIDUALLY FOCUSED TREATMENT
- CERTIFIED PSYCHIATRISTS
- FOUR DEDICATED PHYSICIANS SPECIALIZE IN ADDICTION TREATMENT

The inpatient treatment program at Texas Star works through a cohesive team approach to treatment. Inpatient treatment may include medical detoxification, inpatient rehabilitation and/or residential treatment. Detox patients receive daily physician visits with 24-hour nursing care.

A treatment team of doctors, therapists, a case manager and the clinical director meet every morning to discuss each patient's progress and current needs.

APPROACH

- Daily physician visits
- 24-hour nursing care
- Treatment involvement
- Weekly family education
- Customized treatment plans
- Healthy living classes
- Gender specific groups
- Spiritual awareness groups
- Process groups
- Cognitive behavioral therapy
- 12-Step modality



OUTPATIENT
HOSPITALIZATION
ALUMNI GROUPS

ADMISSIONS

Referrals are accepted by phone 24 hours a day, seven days a week. Pre-arranged admissions may occur seven days a week from 7:30 am - 11:00 pm. Physician-to-physician after-hour admissions are available.

the leadership of Dr. Craig Franke, psychiatrist and addictionologist, Texas Star provides psychiatric issues.

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ON



TO TREATMENT

at encouraged during detox process

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therapy

- Skills and educational based groups
- Healthy stress management techniques:
 - Yoga
 - Meditation
 - Exercise
- Family of origin work
- Relapse prevention
- Family actively involved in discharge planning process
- Integration into recovery community (AA, NA, CA, Al-Anon)

SERVICES AT TEXAS STAR INCLUDE A PARTIAL

TION PROGRAM, INTENSIVE OUTPATIENT PROGRAM,

UPS AND FAMILY EDUCATION OPPORTUNITIES.



DISCHARGE PLANNING

The physicians and staff at Texas Star are well connected in the mental health and recovery community. Patients connect with support groups and sponsors to assist in recovery after treatment.

512-462-6729

WWW.TEXASSTARRECOVERY.COM

FAX 512-462-6714

1106 WEST DITTMAR ROAD

AUSTIN, TEXAS 78745



Accredited by Joint Commission and licensed by Texas Department of State Health Services.

ADULT DUAL DIAGNOSIS TREATMENT

Substance abuse services

at Texas Star Recovery are contracted under

Neuro Institute of Austin, L.P., dba Texas NeuroRehab Center.

Aetna Behavioral Health Care

Beech Street

Blue Cross Blue Shield

CIGNA Behavioral HealthCare

CompPsych

Dept. of Veteran's Affairs PC3

Program (Triwest region)

First Health - Coventry

LifeSynch - Humana

Magellan Behavioral Health

Medicare

Multiplan-PHCS

Scott & White Health Plan

Seton Health Plan

TRICARE

United Behavioral Health

ValueOptions

Private pay rates available upon request.

Individual Patient Agreements for out-of-network benefits may be negotiated. If a Managed Care Organization is not indicated on this list, services may be managed through an affiliate network.