



TEXAS
STAR *Recovery*

ADULT SUBSTANCE ABUSE TREATMENT

PARTIAL HOSPITAL DAY TREATMENT

INTENSIVE OUTPATIENT

AFTERCARE GROUPS



OUTPATIENT PROGRAMS AT TEXAS STAR RECOVERY

In the process of recovery, maintaining sobriety is greatly enhanced by continuing to receive care. Inpatient, outpatient services offer a safe place to reintegrate and produce a healthy life. Contact Texas Star Recovery in south Austin.

PROGRAM FEATURES

- COGNITIVE BEHAVIOR THERAPY
- RECREATIONAL THERAPY
- EVIDENCE BASED CURRICULUM
- SOLUTION FOCUSED
- 12-STEP WORK
- EXPRESSIVE GROUPS

DAY TREATMENT (PARTIAL HOSPITAL)

FULL DAY OF STRUCTURED TREATMENT
WITH ROUTINE PHYSICIAN VISITS

9:00AM - 4:00PM

MONDAY - FRIDAY

LPC, LCSW, LCDC ON STAFF

NURSE AND PHYSICIAN ON STAFF

FAMILY EDUCATION AND GROUPS

LIGHT BREAKFAST & LUNCH INCLUDED



INTENSIVE OUTPATIENT

9 HOURS OF THERAPY
AND TREATMENT

6:00PM - 3:00PM

MONDAYS, TUESDAYS

20 TOTAL HOURS

6.5 WEEKS OF TREATMENT

FAMILY EDUCATION



ADDITIONAL SERVICES AT TEXAS STAR RECOVERY INPATIENT

5 STAR RECOVERY

continued treatment and participation in outpatient programs. As a step down from inpatient care, patients are encouraged to actively begin life in recovery. All outpatient programs take place on the campus of Texas

- YOGA AND MEDITATION
- DISEASE MODEL EDUCATION
- STRESS MANAGEMENT
- NUTRITION EDUCATION
- RELAPSE PREVENTION
- DUAL DIAGNOSIS SPECIALTY

OUTPATIENT

THERAPEUTIC GROUPS
AVAILABLE EVERY WEEK

8:00AM - 9:00PM

MONDAYS AND THURSDAYS

INDIVIDUAL SESSIONS

CONTINUATION OF TREATMENT

FOR INDIVIDUALS AND GROUPS



AFTERCARE

WEEKLY MEETINGS AND ON-SITE
12-STEP PROGRAMMING

FAMILY GROUP THERAPY

MONTHLY FAMILY DAYS

SPECIAL ALUMNI EVENTS

MONDAY AL-ANON MEETINGS

SATURDAY FAMILY EDUCATION



OUR SERVICES INCLUDE DETOX, INPATIENT REHAB AND RESIDENTIAL.



512-462-6729

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1106 WEST DITTMAR ROAD

AUSTIN, TEXAS 78745



Accredited by Joint Commission and licensed
by Texas Department of State Health Services.

**OUTPATIENT SERVICES COVERED BY
MOST MAJOR INSURANCE COMPANIES.**

PRIVATE PAY RATES AVAILABLE UPON REQUEST.